

included on midterm and the final exams.
Your participation grade awarded will be based upon the overall proficiency you obtain within the platform **at the end of the course**

How to Succeed in this Course (and others!)

As a university student, you are responsible for your learning. There are an incredible amount of resources and support available to you throughout your studies. Still, a major hurdle students experience is not knowing how to time manage or study effectively. Here are some tips to get you started:

Studying Effectively:

long-term knowledge retention. Anatomy is challenging for most because of the volume of information, and the integration required between systems and topics to understand how the body functions as a whole. This is where that long-term retention is critical. The most effective way to study is via a technique called **successive relearning** in which you quiz yourself, practice recalling answers and space out

- 1) Figure out what to study, and when. Plan out several smaller sessions across a week instead of one big one. For the biggest advantage, plan to begin reviewing material 2 days after you learn it. Use a calendar to plan this out
- 2) Practice recalling information. It may be as simple as covering up text or labels in your notes and trying to remember what was there (you can even leave gaps to write in your answers), or creating flashcards to practice with.
- 3) Do this often, and replace information that you easily recall successfully with more challenging or new information as your courses progress.
- 4) Our use of Adaptive Practice in WileyPLUS will help with this!

For more information on how and why successive relearning works, and links to additional reliable resources check out this [OpEd](#) in the Conversation Canada.

Another great resource is the learning scientists (<https://www.learningscientists.org/>). This group of educators and

Students who are in emotional/mental distress should refer to Mental Health@Western (<http://www.health.uwo.ca/>) for a complete list of options about how to obtain help.

5. Support Services:

7. **Examination Conflicts:** A student with examinations having flexible submission times (e.g., where one or more examination is a take-home examination) cannot request alternative arrangements unless a conflict cannot be avoided by rescheduling writing the exam to a different time (e.g., three exams within a 23-hour period). The student should discuss any concerns about a potential conflict and/or request accommodation with their academic counselling unit prior to the deadline to drop a course without academic penalty

In the event a student is scheduled to write two proctored exams concurrently, will be interpreted as arrangements for continuous proctoring.

8. **Grades:** Where possible assignment objectives and rubrics will be posted on OWL. Should you have a concern regarding the grade you received for an assignment or feel that it is unfair in any way, you must wait 24 hours from the receipt of the assignment to approach the instructor or TA. In doing so, please make an appointment and prepare in writing, with evidence, why you feel your

